



Cheerleading Tryouts 2015~2016

Saturday, April 18, 2015 *or* Saturday, April 25, 2015

9:00 am

Ruth Lilly Fitness Center

Tryouts are open to any female student:

NEW STUDENTS: Must be deposit paid

RETURNING STUDENTS: Must show satisfactory academic progress
(24 hours per year, 2.0 GPA)

MINIMUM TRYOUT REQUIREMENTS:

Jumps:

Toe touch, right & left hurdle, right & left front, pike, double toe touch

Tumbling Requirement:

Standing tumbling requirements: Each applicant must perform the minimum of a standing back handspring. Combinations of jumps to a standing tumbling skill are recommended.

Examples are (but not limited to):

Toe touch/back handspring

Toe touch/back tuck

Toe touch/back handspring/tuck

Series tumbling requirements: Each applicant must perform the minimum of a round off back handspring. You may choose to show your best tumbling skills at this time. We ask that you choose tumbling passes that will make you competitive against other candidates.

Examples are (but not limited to):

Round off, multiple back handsprings

Round off, back handspring, tuck

Round off, back handspring, layout

Tryout Material:

Chants/sidelines will be taught on the day of the tryout. However, we ask that you come to tryouts having learned some material ahead of time. The following YouTube links are to the UIndy Fight Song and pep dances (Cheer 1, Cheer 2). Please click the following YouTube link to learn this material **prior to** attending the tryout. Knowing the words to the songs is highly recommended. Copy and paste the URL into your web browser.

UIndy Fight Song: <http://youtu.be/9jt1m8s6vWo>

Pep Dance Cheer 1: <http://youtu.be/eU3wmAisB7o>

Pep Dance Cheer 2: http://youtu.be/m6Idx_RGjNo

The UIndy Fight Song includes a standing back handspring and must be performed throughout the season. It also includes a “two step”. Please be sure that this is an area of concentration for you while doing motions. All of these skills should be performed on the track and basketball court.

Additional Material: We are asking that you make-up a cheer to bring with you to tryouts. This cheer should include a section of “hitting the crowd” (getting crowd involvement), at least one jump and one tumbling skill. You may include our colors (crimson, grey, black), our mascot (Greyhounds, Hounds), and/or our name (University of Indianapolis, UIndy, or Indy).

All material should be executed in a collegiate manner, conducive to college athletics. Excessive facials, arm waving, and wide motions are not encouraged. Please take this portion of the tryout seriously and be respectful.

Interview Portion:

During the morning of tryouts, you will participate in an interview with the coaching staff. This interview will include providing information about yourself and previous cheerleading roles as well as answering questions from us. Please come prepared to answer questions about commitment, time management, responsibility and what you think it means to be a UIndy Cheerleader.

Appearance for tryouts:

Please be aware that this is an important aspect of the selection process. It is important to remember that you are trying out for a position in which you will be representing the University of Indianapolis. You should be “game ready” for tryouts. We ask that you have your hair half up with a bow (preferably white), fitted black tank top, black shorts (such as Softe) or spandex, and cheer shoes. We are asking that everyone wear a plain tank top or sports bra. Please be tasteful in your selections.

“Game ready” appearance also includes make-up, red lipstick (we use Target red), no jewelry, and no finger nail polish.

Commitment:

If you are selected to be a member of the University of Indianapolis Cheerleading Squad, you will be asked to attend a mandatory uniform fitting and meeting. This meeting will be held on Saturday, May 9, 2015 in the morning. Please know that as a member of our squad, you are committing to attend practices (two days a week), home games, post-season tournaments (if squad participates), as well as committing to summer workouts, team workouts and other events as scheduled. Committing to our team not only means attending, but putting forth your best effort in everything we do. Cheerleaders at the University of Indianapolis must be excellent athletes. Cheerleading involves physical strength and stamina. Therefore, we require weight lifting sessions as a team outside of scheduled practice times. Please know that these sessions are required and will be monitored for participation. Representing the University is a privilege and must be treated as such.

For more information contact:

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